Eczema Outreach Support

Our impact and achievements 2025/2026

Eczema Outreach Support

www.eos.org.uk

OSCR Scottish Charity Regulator www.oscr.org.uk

Registered SCIO SC042392

Chair's foreword

On behalf of the Board of Trustees, I am honoured to present the Annual Accounts for Eczema Outreach Support (EOS) for the year 2025/26, my first year as Chair, following my appointment at the Annual General Meeting in September.

As a parent of a daughter with severe eczema, I came to EOS first when we needed support. I know first-hand the exhaustion, uncertainty and emotional strain that families experience when navigating this condition. It is this personal journey that drives my commitment to ensuring EOS continues to provide vital support for children, young people and their families. I want to express my sincere thanks to Steven Macdonald for his dedicated leadership as Chair and for helping to shape the strong foundations on which we continue to build.

This year has marked significant progress and transformation for EOS. We were delighted that OSCR approved our revised constitution, enabling EOS to formally support young people up to the age of 25 and to better recognise the profound impact eczema can have on mental health. This change reflects what families have been telling us for years, that the challenges of eczema do not end in childhood and that emotional wellbeing must always be at the heart of our work.

2025/26 was also the first full year of delivering our new organisational strategy, From Our Community to Every Community. This strategy is already guiding us toward wider reach, deeper engagement, and more equitable access across the UK. Our staff and volunteers have continued to deliver compassionate, practical and innovative services, always shaped by the voices and experiences of families dealing with eczema.

The fundraising landscape has been challenging once again, yet I am proud to say the organisation has responded with resilience and determination. Thanks to the hard work of our team and the generosity of our supporters, we have performed strongly, particularly in grants and trust fundraising. Every contribution, whether it has been financial, professional or volunteer-led, has helped us deliver the vital services that families rely on.

I would like to extend heartfelt thanks to our dedicated staff, volunteers, funders and my fellow trustees. Your expertise, passion and unwavering commitment have been instrumental to our achievements this year. EOS is, at its core, a community of people who care deeply and that community continues to shape everything we do.

Looking ahead, we remain firmly focused on ensuring that every child and young person living with eczema feels understood, supported and empowered. Our vision is clear: no child's future is lost to eczema. With your continued support, I am confident that EOS will keep driving positive change and expanding our impact in the years to come.

With my warmest regards

S Mitchell

Sarah-Jane Mitchell
Chair of the Board of Trustees
Eczema Outreach Support

CEO's foreword

I am pleased to present the Annual Accounts for Eczema Outreach Support (EOS) for 2025/26 and to reflect on a year shaped by progress, determination and the strength of the families and young people who guide us.

This has been the first full year of delivering our organisational strategy, *From Our Community to Every Community*. Having this clarity of purpose has helped us stay focused on what matters: ensuring that children and young people living with eczema receive the support, understanding and recognition they need. A major milestone has been our move to extend support up to the age of 25, something families and young people have been telling us is crucial. This change reflects our commitment to listening deeply and acting decisively so that our services truly meet the realities of life with eczema.

Our impact this year has been shaped not only by what we deliver, but by the team who delivers it. Our Advisory and Youth Panels have continued to play a central role in guiding our decisions, shaping services and ensuring that lived experience sits at the heart of everything we do. Their insight ensures that EOS remains grounded, relevant and responsive. Families are beneficiaries of EOS, but they are also leaders within it.

Our volunteers have also been instrumental in extending our reach and strengthening our work. Their time, expertise and commitment enable us to deliver support that goes far beyond what we could achieve through staff capacity alone. Whether offering peer support, supporting events or contributing to resources, they increase our impact and help deepen our connection with the communities we support.

Families continue to tell us that the world around them is changing rapidly. Social pressures, online influence and the cost of living all affect daily life, yet the challenges of eczema remain constant. Stigma still affects children and young people at school and in social settings. Many families feel that eczema is deprioritised or not taken seriously enough across services. These voices guide our priorities and remind us why it is vital that EOS continues to advocate, raise awareness and push for change.

Financially, we've seen real progress this year, thanks to new approaches and the dedication of our team. By embracing creativity through new campaigns and growing our supporter base, we strengthened our income despite the wider challenges facing the sector. Our grants and trusts programme performed particularly well, enabling us to sustain and expand the services that families rely on every day.

I am deeply proud of and grateful to our staff, volunteers, trustees, partners and families. Their commitment, compassion and expertise continue to shape an organisation that listens, adapts and leads with purpose. It is such a privilege to be part of this dedicated community.

As we move into the next year of our strategy, we do so with clarity and confidence. We will keep adapting, keep amplifying the voices of families and keep pushing for a future where the needs and experiences of children and young people with eczema are recognised and valued.

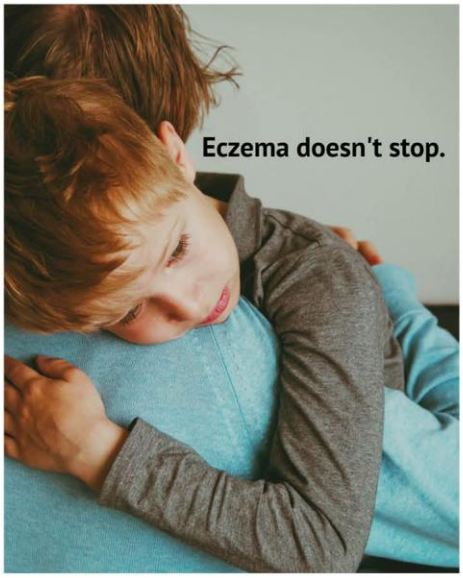
Thank you for your continued support. Together, we will build a world where no child's future is lost to eczema.

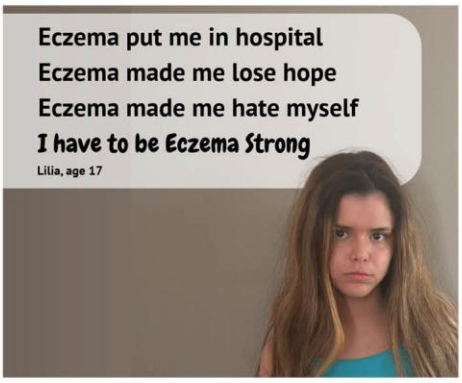
Suzi Holland
Chief Executive Officer
Eczema Outreach Support

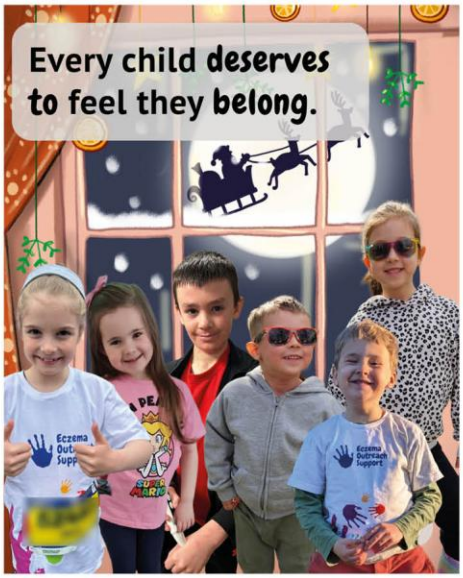
Eczema Outreach Support exists because one child's future lost to eczema is one too many.

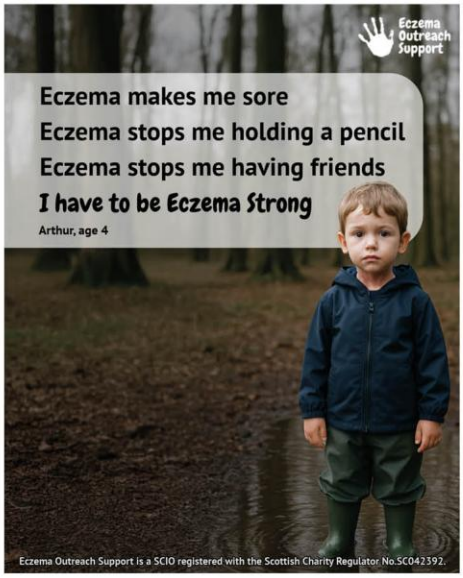
Eczema is one of the most common childhood health conditions, affecting 1 in 5 children, yet it is widely misunderstood and underestimated. Often dismissed as "just itchy skin", it is a serious, long-term condition that can dominate daily life. Children experience relentless itching, painful skin, sleep deprivation and frequent infections, while also facing higher rates of anxiety and depression (British Journal of Dermatology, 2024).

Families must manage complex, time-consuming treatments with little support. Short clinical appointments, long waiting lists and widespread misinformation leave many feeling overwhelmed and alone. As a result, some disengage from healthcare or turn to unsafe alternatives, putting children at further risk. The impact on education, confidence and life chances can be profound.

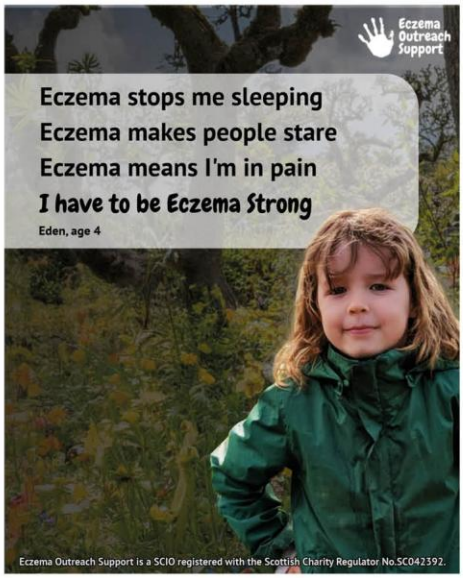








EOS provides the lifeline that families cannot find elsewhere. We support children and young people with eczema, from birth to 25, and their families across the UK through a tailored welcome pack, personalised support, specialist education and accessible resources. Our work helps children and young people stay engaged in learning, build confidence and manage their condition effectively.



How EOS makes a difference

What we did in 2025/26

April - online support

- High 5 Kids Club– Feelings and Emotions
- Grab a Cuppa- Focus on treatments
- CPD training for education professionals
- Webinar - Starting from Scratch - with guest speaker Nicola Hussain, Dermatology Nurse

80% **of children feel less alone after attending a High 5 Club session**

100% **of parents/carers said they felt less isolated managing their child's eczema after attending an in person Grab a Cuppa event**

The High 5 Kids Club is online peer support for children aged 3-6 or 7-12. Each session lasts about an hour and includes fun activities, guided discussions on eczema and free chat.

Grab a Cuppa is an online support session for parents and carers of children with eczema. Providing a space to chat and share tips and tricks.

May - online and in person support

- High 5 Kids Club– Talent show and eczema chat
- CPD training for education professionals
- Edinburgh Family Fun day

The EOS team in Edinburgh

In May, the Services Team, joined by members of our Youth Panel, welcomed 94 families to a fun-filled day at St Giles Church in Edinburgh. Tickets had been snapped up quickly, the sun was shining and the atmosphere was full of joy.

A highlight of the day was our popular "Grab a Cuppa" sessions, where parents and carers had the chance to share their experiences and share learning, supported by two of our EOS Family Workers. These sessions provide a safe and supportive space to talk about the challenges of caring for a child with eczema and the impact it can have on the whole family. We were also joined by two of our Youth Panel members, who bravely shared their own experiences and strategies for managing eczema creating a powerful session that was deeply appreciated by parents/carers.

While parents were engaging in conversation, children aged four and up took part in a high-energy circus skills workshop. The workshop was not only fun but focused on building resilience, confidence and peer connections. The spinning plates were especially popular! At the end, the children put on a fantastic show for everyone.

For the youngest attendees, we offered playful parachute games and made full use of the venue's toys and games.

To round off the event three of our Youth Panel volunteers hosted a Q&A session. This gave everyone the chance to ask questions and gain insight into the kind of support that helped our Youth Panel members as they were growing up. A brilliant day all round!

430 **over 430 people took part in our online and face-face events in 25/26**

"Great work by all members of EOS! Had excellent opportunity to connect with parents to share and learn from each other's experiences." (Parent attending event)

95% **of parents/carers said they would recommend our services to a friend**

June - online support

- High 5 Kids Club– Summer Fun activities for kids
- CPD training for education professionals

95% **of education professionals reported a better understanding of eczema and it's impact on students after attending a CPD session**

"This workshop was so informative and I have a lot to take away and include in my practice. Thanks again!" (Teacher attending CPD training)

August - online and in person support

- Webinar- Who has helped you be Eczema Strong- Dr Tess McPherson, James Hardwick and two Youth Panel members
- High 5 Kids Club- Climbing centre session
- Grab a Cuppa- Meet up in Edinburgh

75% **of children feel more supported to manage their eczema after attending a High 5 Club session**

September - online support

- High 5 Kids Club - Eczema at school
- Grab a Cuppa - Guest speaker from Eczema Clothing
- CPD training for education professionals
- Awareness raising for World Atopic Eczema Day (WED)

We have supported 3,714 families across the UK this year.

October - online support

- High 5 Kids Club– Halloween fun activities
- CPD training for education professionals

"Completely blown away by how supportive and proactive EOS has been. Our welcome pack came at such a challenging time, so it really gave a lot of hope". (New parent)

88% **of parents/carers feel less alone after receiving EOS welcome resources**

November - online support

- High 5 Kids Club– Our eczema
- CPD training for education professionals
- Grab a Cuppa - Self-care

836 **New families accessed our services**

Our CPD training for education professionals is a free, accredited workshop lasting 1.5 hours. It educates staff how best to support children with eczema in the classroom.

"When my daughters been at her lowest moments knowing she has high 5 to come to & be with kids just like her is invaluable to her emotional wellbeing." (Parent)

EOS's WED 2025 campaign, Eczema Strong raised awareness through education, advocacy, and community engagement, highlighting lived experiences of those with eczema.

Relax Kids is an external organisation who deliver sessions for 7-12 year olds. Their focus is to educate and support children in understanding their mental health and wellbeing.

We have supported staff in 69 education establishments across the UK to understand and support a child with eczema better. This is across 36 different council regions in the UK.

December - online support

- Festive Family Fun
- High 5 Kids Club X Relax Kids - Wellbeing session

100% **of children developed relaxation and stress management strategies after attending a wellbeing session**

January - online and in person support

- High 5 Kids Club– Getting to know H5C friends
- High 5 Kids Club X Relax Kids - Wellbeing session
- CPD training for education professionals
- Grab a Cuppa - Meet up in Falkirk

"My 1:1 phone call was so helpful, and I felt heard and supported as someone who cares for a child with eczema." (Parent)

February - online support

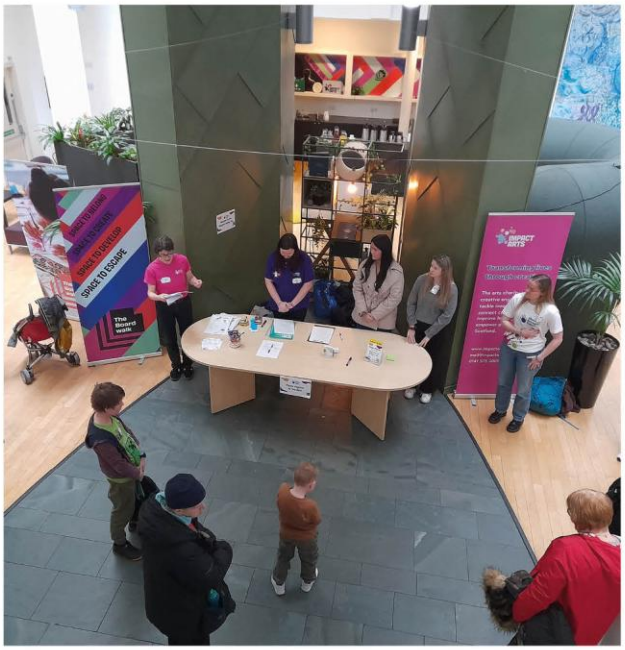
- High 5 Kids Club– Meet the Youth Panel
- Grab a Cuppa - Guest speaker Andrew Collinson
- CPD training for education professionals

129 **families received 1-1 support with a family worker**

March - online and in person support

- High 5 Kids Club– Talent show
- CPD training for education professionals
- High 5 Kids Club X Relax Kids - Wellbeing session
- Glasgow Family Fun day - With High 5 Kids Club drama workshop and an in person Grab a Cuppa sessions for parents/carers

EOS's Youth Panel amplifies young people's voices, sharing lived experiences to inform awareness, influence services, and ensure eczema support reflects the real needs of children and young adults.



Megan's Story

The first time we speak with a parent or carer, they are often in a real moment of crisis where they aren't getting adequate support and are desperate to find information that will help them get the right medical treatment for their child. We are not clinicians and never try to be, but our help can enable a parent/carer to successfully advocate for their child, even in the hardest of times.

Megan* had signed up to EOS after searching desperately on the internet for support for her 20-month-old son Jake* who had severe eczema. After signing up to EOS, the automated email reply came back, to tell her she would get her welcome pack and then an offer of a call. However, Megan felt desperate so contacted us to see if she could speak with someone sooner. Moira was able to phone her the following day.

Jake's skin was peeling head to toe and he was in severe pain which was enormously distressing for the whole family. Megan had spent 12 weeks visiting GP's twice a week, to hear conflicting treatment ideas. She eventually got a referral to dermatology but was told that it would be 9-12 months before she would see a dermatologist.

"I just wanted to email to thank you again for the information you sent below...have ordered both the books you suggested...The webinar is packed with so much important information...Thank you so much again for everything, your support has been truly invaluable to me."

(Megan, feedback via email)

During the call with Moira, Megan was given information about the NICE guidelines and how these can help families to advocate for their child at medical appointments. She heard about EOS's recorded webinars to help understand more about eczema and how to manage it and received information about our Grab a cuppa peer support sessions. Megan left the call feeling listened to for the first time, armed with information and a place to turn to for support.

That night, Jake was admitted to hospital after Megan advocated for her son at A&E and they discovered he had Scalded Skin Syndrome caused by undertreated eczema. He then spent eight days in hospital on IV antibiotics. Once again, Megan advocated for her son and refused to bring him home without seeing a dermatologist. The dermatologist came and agreed he should never had gone home without intervention from them and is now under their care.

Megan contacted EOS again for another call a few weeks later and shared how much help we had been to her. She felt more confident knowing who to come to for support and everything that had been shared with her had made a massive difference. She also signed up for the next Grab a cuppa session.

In just one support call, a family had gone from crisis to support and the journey ahead for them now feels less bleak and unknown than before.

*Names have been changed.

The Youth Panel

Our Youth Panel is a powerful group of ten young people aged 16-25, all living with eczema and based across the UK. They bring honesty, insight and lived experience to the heart of EOS and this year their collaboration has been a real highlight. Working together, they have raised awareness, challenged assumptions and helped drive meaningful change for the wider eczema community. They are exceptional ambassadors for EOS but just as importantly, they support one another. As they continue to navigate their own eczema journeys, the Panel has become a space of shared understanding, encouragement and strength. Together, they show what it looks like when young people are not just consulted but trusted with leadership.

Young People Supporting Young People

Increasing direct involvement with children accessing EOS support has been a major focus for the Youth Panel this year. Panel members launched an "Ask the Youth Panel" feature within our High 5 Club where children can ask questions about the challenges they're facing and hear back via voice notes from young people who truly get it. These honest, reassuring responses have created a safe and supportive bridge between children and slightly older peers who have recently walked the same path.

Youth Panel members have also attended High 5 Club sessions, bringing energy, creativity and fun, while helping children feel seen, understood and hopeful.

Sharing Experience, Building Hope

Throughout the year, Youth Panel members supported EOS family days, offering invaluable insight to children and parents/carers alike. They shared practical advice on navigating eczema as an older child or teenager, from school and exams to relationships, hobbies and key life moments.

For families earlier in their eczema journey, hearing from young people who are living well with eczema was incredibly powerful. It offered reassurance, practical tools and most importantly proof that things can get better.

Amplifying Voices

Alongside the amazing support and insights the Youth Panel give to younger children and parent/carers, they are also a vital part of EOS' Amplifying Voices work. They regularly share their experiences across Health care professional and eczema research forums.

What's Next?

Looking ahead, the Youth Panel wants to keep making a tangible difference to the lives of children and young people with eczema. Alongside their direct support, they want to play a stronger role in educating professionals who have contact with children and young people with eczema every day.

The Youth Panel is living proof of EOS putting young people at the centre of what we do to lead change and shape direction. They remind us all to keep focused on what matters most.

Amplifying Voices

At Eczema Outreach Support, we never stop talking about the experiences of children, young people and families living with eczema and we make sure the right people hear it. This year, we've had more opportunities than ever to bring their voices into UK-wide conversations, influence research and shape the future of eczema support across the UK. Our Youth Panel is pivotal in this work.

Here's a snapshot of what EOS has been involved in this year.

Helping Shape the Future of Eczema Research

Food Allergy Priority Setting Partnership (PSP)

EOS took part in deciding the top food allergy research priorities for children and young people across the UK. This exciting project wrapped up in February 2026 and means future allergy research will better reflect real-life experiences of children with food allergy, including those living with eczema.

Supporting a Range of Eczema-Related Research

We are passionate supporters of eczema-related research that we believe can make the greatest possible difference to the lives of children and young people with eczema. Research matters most when it reflects real experiences and real life.

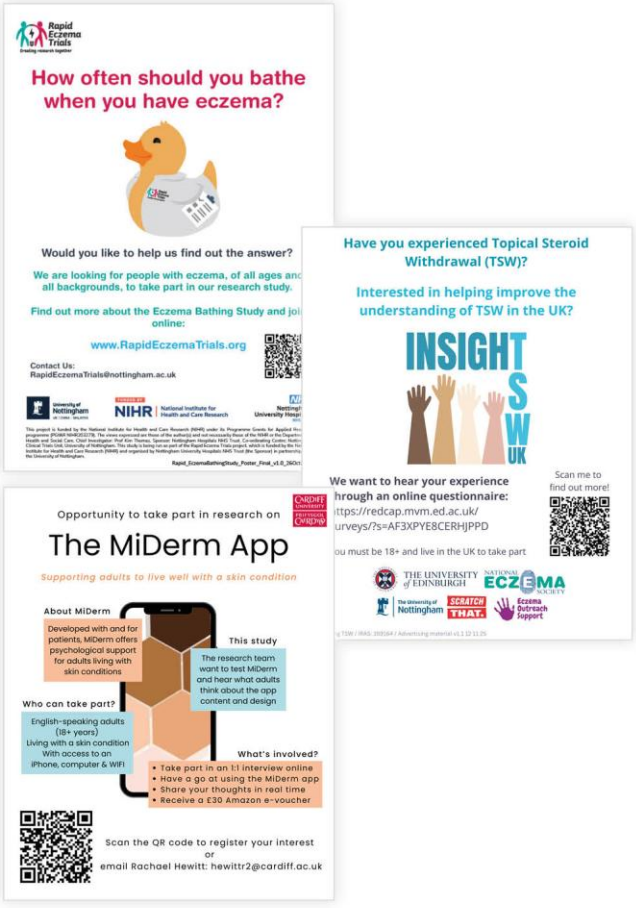
We are involved with too many projects to mention here, but to give a flavour, this year we supported the RAPID Eczema Trials, which included exploring everyday topics such as how often to bathe, how best to keep eczema under control between flares using topical treatments and how to respond to itch, which are all issues that families grapple with daily, but that are often overlooked in traditional research.

Alongside RAPID, we have supported topical steroid-related research, eczema and mental health, as well as studies aimed at reducing scratching and understanding the links between allergy and eczema. These areas are repeatedly raised by families who want clearer guidance, greater consistency and reassurance in the care their children receive.

By engaging with research across this breadth of topics, EOS helps bridge the gap between research and real life. We advocate for studies that value lived experience, generate practical answers and ultimately lead to better support, better treatments and better outcomes for children, young people and their families.

Eczema Priority Setting Partnership (PSP)

In March 2026, our CEO and a Youth Panel Member joined the new Eczema PSP Steering Group, chaired by Dr Julia Schofield and coordinated by Eczema UK. This partnership will identify the most important unanswered research questions about eczema and is a huge opportunity to make sure that the challenges families face every day become research priorities, not afterthoughts.



Being Part of Key Dermatology Conversations

Through our involvement with the Scottish Dermatology Council, the British Association of Dermatologists (BAD) and the British Dermatology Nursing Group, we continue to raise the issues that matter most to families. From stigma and sleep deprivation to mental health support and the everyday realities of managing eczema, these conversations help ensure that lived experience remains firmly on the radar of dermatology professionals across the UK.

Beyond these forums, we work closely with a wide network of healthcare professionals, including secondary-care dermatology teams, health visitors, GPs and pharmacists. By learning from each other, we strengthen both our practice and theirs, helping to shape more joined-up, holistic support for children and young people with eczema.

EOS does not replace clinical care but instead it complements it. By working alongside clinicians and wider healthcare teams, we create a powerful partnership that supports families more effectively and ensures children and young people receive the right care, at the right time, in the right way.

Supporting Young People Through Transition

Transition to Adult Services Webinar – Bristol Royal Hospital for Children

In September 2025, our Youth Panel delivered a dedicated webinar for 14–18 year olds preparing to move into adult eczema services. Hosted by Nurse Frances Johnson-Wynne and featuring two Youth Panel members sharing their own lived experiences, the session created a safe, supportive space for young people to ask questions and talk openly about what lies ahead.

For many, this was their first chance to hear honestly from peers who had recently gone through the same transition. The discussions went beyond appointments and prescriptions, covering confidence, self-advocacy and the realities of managing eczema as you grow more independent. Most importantly, the session offered reassurance and hope showing young people that they are not alone and that support doesn't stop at this important milestone.

Why This Work Matters

Every meeting, every panel, every collaboration is about making sure that children and young people with eczema are heard, understood and taken seriously.

Through this work, we're:

- representing their voices at UK-wide level
- pushing eczema up the agenda in research, education and healthcare
- influencing the development of future treatments and services
- challenging stigma and misconceptions
- making eczema part of the initial conversation, not an afterthought

This is what amplifying voices really looks like and we're only just getting started.

Influencing New Eczema Treatments

This year, EOS contributed to two new technology appraisals through NICE and the Scottish Medicines Consortium (SMC). Our role was to make sure that the lived experiences of children, young people and their families were heard loud and clear in decisions about emerging eczema treatments. We brought real voices into the room and helped decision-makers assess the real-life benefits of these treatments. Having another treatment option can make an enormous difference. New treatments bring new hope and we made sure that this message was heard.

Thank you

Finally we would like to say an enormous thank you to everyone who has been part of Eczema Outreach Support over the past year. To the families, young people, volunteers, staff, trustees, partners, funders and supporters- your trust, generosity and commitment make our work possible. Every conversation, donation, shared experience and moment of support has strengthened our community and our determination to make sure that no child's future is lost to eczema.

A final word from a child with eczema

The Itch Before Christmas

It's the night before Christmas, and I should be in bed,
But I'm watching the window for glimpses of red.
For once, it's not eczema that's broken my sleep,
I have to see Santa, this question won't keep.

For me, it's not weird, to be up half the night,
With eczema I'm itching and scratching 'til light.
I know Santa can't fix it: it won't just go away,
I have to manage it, Every Single Day.

But at Christmas it's harder, there's so much I can't do,
Can't play all the games, can't eat half the food.
Can't wear Christmas jumpers, they might cause a flare.
Cosy up near the fire? I just wouldn't dare.

But that's ok, I manage, and I've been really good,
Put on all my creams, like Mum says I should,
I hope Santa will listen and get what I lack,
Though I don't really know how it'll fit in his sack.

You see, eczema's not infectious, not something you catch,
I just wish someone would tell all the other kids that.
They say that I'm weird, and they all stay away,
If I try to join in, they say I can't play.

But Santa, he's magic! He'll understand.
He'll never flinch when I hold out my hand,
Once I've seen him and told him, he'll know what to send,
'Cause for Christmas this year, all I want is a friend.

Annual Accounts

2025/2026

Financial Review

The majority of our income, £330,968 in the year to 31st March 2026 (2025: £270,584) came from grants. This was complemented by generous donations from individuals, much of which was raised by members taking part in events and fundraising for EOS.

Our expenditure during the year was £313,514 in 2026 which was similar to expenditure of £313,007 in 2025.

The Charity had a profit this year of £17,454 compared to a deficit last year of £42,423.

The result of the income and expenditure figures given above was that the charity had a balance of funds at the year-end of £130,070 (2025: £112,616). £72,769 of this balance (2025: £38,215) was held as restricted funds – made up of a variety of different grants provided for specific purposes, as detailed in Note 11.

Reserves Policy

Introduction
EOS is primarily dependent on restricted income from trusts, foundations and private sponsors, which means that income can fluctuate. In order to protect EOS members and staff from sudden major changes in the service provided, it is considered prudent to have some financial reserves to bridge any short-term funding gaps or to ensure EOS can be closed in an orderly manner.

Reserves to be held
The aim in any financial year should always be to hold unrestricted reserves equivalent to at least 25% of the planned operational expenditure in that current year. This does not include any major one-off expenditure eg. investment in new infrastructure or research. This should allow several options if a funding shortfall occurs, while also ensuring there is money for any contract and/or redundancy payments due.

In certain periods additional investment may be required which could take the unrestricted reserves below the target. The level of unrestricted reserves held should never go below the calculated cost of redundancies to all eligible staff at the end of the financial year + the cost of the most expensive sick leave to one person that could be incurred that year (whichever member of staff that may be depending on eligibility and salary) + any major contractual obligations.

Setting amount of Reserves
At the beginning of every financial year (April) once the annual budget has been agreed the amount aimed to be kept in reserves will be set.

Spending of Reserves
Should the situation arise where the reserves are required the Board and the CEO will decide how best to spend the reserves (e.g. staffing and activity levels) depending on the circumstances.

Reserves Policy *(continued)*

Review

We are committed to formally reviewing our policy and good practice every two years however this does not prevent any changes taking place at any other time due to changes in practice or legislation.

At the year end the Charity holds £130,070 (2025: £112,616) in reserves of which £57,301 (2025: £74,401) is unrestricted and of this, free reserves not invested in fixed assets amount to £57,301 (2025: £74,401). No material amounts have been designated. The funds held at the year-end place the charity in a strong position to commence the next financial year. As with most charities the Charity constantly needs to seek new sources of funding in order for the work to continue.

Going concern

The trustees are not aware of any circumstances which would lead to the winding up of the Charity and thus are confident in its status as a going concern.

Reference & Administrative Information

Charity Name: Eczema Outreach Support is a Scottish Charitable Incorporated Organisation. The charity changed its name on 1 April 2018 from Eczema Outreach (Scotland).
Also known as Eczema Outreach Scotland and EOS.

Board of trustees at date of approval of Annual Report and Accounts:

Elected during the year
Heather Bell (16 Sep 2025)
Julija Gurman - Treasurer (16 Sep 2025)
Karim Hussain – Vice treasurer (16 Sep 2025)
Jim Emmott – Vice chair (16 Sep 2025)

Re-elected during the year

N/A

Trustees co-opted since the AGM
N/A

Other trustees
Sarah Jane Mitchell – Chair
Emily Manning
Rebecca Alderdice
Catalina Runcie

Resigned Trustees during the year
Steven Macdonald (16 Sep 2025)
Faisal Dubash (17 Mar 2026)

Reference & Administrative Information

Charity Address: Linlithgow Partnership Centre, Tam Dalyell House, 93 High Street, Linlithgow, EH49 7EZ

Tel: 01506 840 395 / 07 807 048 070

Web www.eos.org.uk E-mail: info@eos.org.uk

Independent Examiner: Andrew Niblock, Henderson Loggie LLP, 10 – 14 Waterloo Place, Edinburgh, EH1 3EG

Governing Document: EOS is a Scottish Charitable Incorporated Organisation, governed by its constitution. It was registered with OSCR on 17 June 2011.

Charitable Purposes:

1.1 The relief of those in need by reason of disability. People with eczema are given the opportunity to meet their full potential in life.

1.2 The Advancement of health. Families affected by eczema feel supported, confident and lead healthier lives. Professionals have appropriate knowledge and skills to deliver quality services to people with eczema and their families.

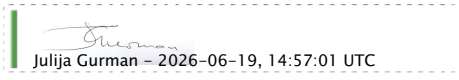
1.3 The promotion of equality and diversity. Communities have an understanding of the condition and offer inclusive opportunities. Policy makers understand the needs of people with eczema and their carers and are able to design adapted services.

Charity Governance & Management:

The trustees are responsible for the overall strategic direction of the organisation. New Trustees are recruited and appointed by the Board using a process of applications, interviews and "taster" board meetings.

A senior management team, led by the CEO, is in place to manage the day-to-day operations of the charity.

This annual report was approved by the board, signed on its behalf by Julija Gurman, Treasurer.

Date: 19 June 2026 Signature: 

Independent Examiner's Report

I report on the financial statements of the charity for the year ended 31 March 2026 which are set out on pages 18 to 29.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
    - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended); and
    - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations (as amended);

    have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

19 June 2026

Andrew Niblock CA
Independent Examiner
For and on behalf of Henderson Loggie LLP
The Stamp Office, Level 5,
10 – 14 Waterloo Place
Edinburgh
EH1 3EG

Statement of Financial Activities

For the year ended 31st March 2026

	Note	**Unrestricted Funds £**	**Restricted Funds £**	**Total 2025-26 £**	Unrestricted Funds £	Restricted Funds £	Total 2024-25 £
Income and endowments from:							
Donations and legacies	2	**33,936**	**291,538**	**325,474**	31,329	229,352	260,681
Charitable activities	3	**5,098**	**-**	**5,098**	9,350	-	9,350
Investment income		**396**	**-**	**396**	553	-	553
Total income		**39,430**	**291,538**	**330,968**	41,232	229,352	270,584
Expenditure on:							
Raising funds	4	**29,549**	**2,628**	**32,177**	20,743	7,225	27,968
Charitable activities	5	**26,981**	**254,356**	**281,337**	36,360	248,679	285,039
Total expenditure		**56,530**	**256,984**	**313,514**	57,103	255,904	313,007
Net (expenditure)/ income		**(17,100)**	**34,554**	**17,454**	(15,871)	(26,552)	(42,423)
Transfer between funds					-	-	-
Net movement in funds		**(17,100)**	**34,554**	**17,454**	(15,871)	(26,552)	(42,423)
Reconciliation of funds							
Total funds brought forward at 1 April 2025	11	**74,401**	**38,215**	**112,616**	90,272	64,767	155,039
Total funds carried forward at 31 March 2026	11	**57,301**	**72,769**	**130,070**	74,401	38,215	112,616

The notes on pages 22 – 31 form an integral part of these financial statements.

Balance Sheet

As at 31st March 2026

	Note	2026 £	2026 £	2025 £	2025 £
Fixed assets	8		**1,504**	-	-
Current assets					
Debtors	9	**3,136**		2,884	
Cash and bank		**138,189**		116,157	
		141,325		119,041	
Liabilities:					
Creditors: Amounts falling due within one year	10	**(12,759)**		(6,425)	
Net current assets			**128,566**		112,616
Total net assets			**130,070**		112,616
Unrestricted funds	11		**72,769**		74,401
Restricted funds	11		**57,301**		38,215
Total funds			**130,070**		112,616

These financial statements were approved by the Board of trustees and were signed on its behalf by:

Julija Gurman – 2026-06-19, 14:57:01 UTC

Julija Gurman

Treasurer

19 June 2026

Notes to the Accounts

For the year ended 31st March 2026

1 Accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material and significant in relation to the company's financial statements.

Basis of preparation

The financial statements have been prepared on a going concern basis in accordance with applicable accounting standards and under the historical cost convention. The charity is a public benefit entity and a Scottish Charitable Incorporated Organisation with the registered office as noted on page 18. The financial statements are compliant with the charity's constitution, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, the Statement of Recommended Practice (SORP) FRS 102 "Accounting and Reporting by Charities" (revised 2017), and in accordance with Financial Reporting Standard 102 (FRS 102).

Going concern

These financial statements have been prepared on the going concern basis which assumes that the charity will continue its operations. There are no material uncertainties that exist or material changes in the way the charity operates and the trustees consider it appropriate to prepare financial statements on a going concern basis.

Income

Income is recognised when the charity has entitlement to the funds, when it is probable that the income will be received and the amount can be measured reliably. Donations, grants and similar incoming resources are included in the year in which they are receivable, which is when the charity becomes entitled to the resource. Other trading income includes consultancy and research fees, which are recognised when the charity has delivered the service and is therefore entitled to the income.

Income that relates to a future period as a result of donor imposed conditions specifying the time period in which it must be used, is treated as deferred income.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly costs are shown gross of irrecoverable VAT. Where directly attributable, expenditure is allocated to the relevant functional category.

Expenditure on raising funds includes costs associated with generating income for the charity, either through fundraising initiatives or research projects. Expenditure on charitable activities includes costs incurred in supporting the charity and its objectives as set out in the trustees' report.

1 **Accounting policies** *(continued)*

Expenditure *(continued)*

Support costs are allocated between governance costs and other support costs. Governance costs comprise those costs involving the public accountability of the charity and its compliance with regulations and good practice. They therefore include the costs of the independent examination, together with the costs of trustees' meeting and some staff costs. Other support costs relate to the administrative costs of running the charity and are allocated to charitable activities accordingly.

Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Fixed assets

Tangible fixed assets are stated at cost less depreciation. Assets below £1,000 are not capitalised but are expensed in the year they are incurred. Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Office equipment	25% straight line
Furniture and fittings	25% straight line

Debtors

Other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid at the reporting date.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity, without further specified purpose and are available as general funds.

Restricted funds are those funds which are subject to restrictions on their expenditure imposed by the donor.

Pensions

The charity contributes to employees' individual pension plans. The amounts charged in the Statement of Financial Activities represent the contributions to the defined contribution scheme and to individual pension plans in respect of the accounting period.

2. Donations and legacies

	Unrestricted £	Restricted £	2026 Total £	2025 Total £
General Donation	**29,344**	**-**	**29,344**	20,129
Corporate Donations	**2,092**	**-**	**2,092**	6,000
Grants from Trusts	**2,500**	**222,504**	**225,004**	113,716
Private Sector Grants	**-**	**69,034**	**69,034**	107,876
Donations in Kind	**-**	**-**	**-**	12,960
	33,936	**291,538**	**325,474**	260,681

Of the prior year figures, £229,352 was restricted.

Included within general donations is £nil(2025: £330) received from a Trustee.

3. Charitable activities

	Unrestricted £	Restricted £	2026 Total £	2025 Total £
Awareness Raising	**5,098**	**-**	**5,098**	8,740
Project Income	**-**	**-**	**-**	610
	5,098	**-**	**5,098**	9,350

4. Expenditure on raising funds

	Unrestricted £	Restricted £	2026 Total £	2025 Total £
Fundraising	**6,244**	**2,628**	**8,872**	4,344
Salaries	**21,137**	**-**	**21,137**	21,759
Employers N.I.	**1,316**	**-**	**1,316**	1,013
Pension	**852**	**-**	**852**	852
	29,549	**2,628**	**32,177**	27,968

Of the prior year figures, £nil was restricted.

5. Charitable activities

	Unrestricted	Restricted	2026 Total	2025 Total
	£	£	£	£
Support	**1,214**	**36,068**	**37,282**	29,044
Awareness	**1,035**	**8,024**	**9,059**	5,214
Behind the Scenes	**3,504**	**16,621**	**20,125**	14,109
Donations in Kind	**-**	**-**	**-**	12,960
Salaries	**13,198**	**168,276**	**181,474**	193,071
Employers N.I.	**706**	**12,301**	**13,007**	11,021
Pension	**1,220**	**6,104**	**7,324**	7,517
Governance costs	**6,104**	**6,962**	**13,066**	12,103
	26,981	**254,356**	**281,337**	285,039

Of the prior year figures, £255,904 was restricted.

6. Governance costs

	Unrestricted	Restricted	2026 Total	2025 Total
	£	£	£	£
Salaries	2,741	6,202	8,943	8,611
Employers N.I.	142	519	661	655
Pension	127	241	368	343
Accountancy	3,059	-	3,059	2,494
Governance costs	35	-	35	-
	6,104	6,962	13,066	12,103

Of the prior year figures, £6,468 was restricted.

7. Staff costs

	2026	2025
	£	£
Wages and salaries	**211,554**	223,441
Social Security costs	**14,984**	12,689
Other pension costs	**8,544**	8,712
	235,082	244,842

The average monthly number of employees during the year was as follows:

	2026	2025
	No	No
	12	13

No employee earned in excess of £60,000 (*2025: £60,000*).

	2026	2025
	£	£
Key management compensation	**113,050**	92,798

Key management includes the Chief Executive Officer, Head of Services and Chief Operating Officer.

During the year there were no trustee expenses paid *(2025: £nil paid to trustees)*.

8. Fixed assets

2026	Office equipment	Furniture and fittings	Totals
	£	£	£
Cost at 01/04/25	-	807	807
Additions	1,900	-	1,900
Cost as at 31/03/26	**1,900**	**807**	**2,707**
Depreciation as at 01/04/25	-	807	807
Charge for the year	396	-	396
Depreciation as at 31/03/26	**396**	**807**	**1,203**
NBV at 01/04/25	-	-	-
NBV at 31/03/26	**1,504**	**-**	**1,504**

9. Debtors

	2026	2025
	£	£
Trade Debtors	**1,283**	2,230
Accrued Income	**1,853**	654
	3,136	2,884

10. Creditors

	2026	2025
	£	£
Social Security and Other Taxes	**4,714**	2,742
Other Creditors	**5,405**	1,588
Accruals	**2,640**	2,095
	12,759	6,425

11. Movement of Funds

	Opening Balance 1/4/25 £	Income £	Expenditure £	Transfers £	Closing Balance 31/3/26 £
Unrestricted Funds					
General Fund	72,837	**39,430**	**(54,966)**	**-**	**57,301**
Unrestricted grants	1,564	**-**	**(1,564)**	**-**	**-**
Total Unrestricted Funds	74,401	**39,430**	**(56,530)**	**-**	**57,301**
Restricted Funds					
Abbvie	-	**10,000**	**(10,000)**	**-**	**-**
Alliance	3,724	**34,910**	**(38,066)**	**-**	**568**
Almirall	-	**15,000**	**(15,000)**	**-**	**-**
Awards for all – NI	-	**19,882**	**(10,636)**	**-**	**9,246**
Awards for All – England	-	**19,866**	**(6,401)**	**-**	**13,465**
Awards for All – Scotland	13,670	**-**	**(13,670)**	**-**	**-**
Children in Need	-	**15,000**	**(15,000)**	**-**	**-**
Garfield Weston	-	**25,000**	**(25,000)**	**-**	**-**
Health Lottery	-	**19,847**	**(19,847)**	**-**	**-**
Hive Accenture	3,617	**-**	**(3,617)**	**-**	**-**
Leo Pharma	-	**7,500**	**(60)**	**-**	**7,440**
Peoples Postcode Lottery	-	**25,000**	**(25,000)**	**-**	**-**
Pfizer	676	**13,294**	**(13,970)**	**-**	**-**
Pierre Fabre	-	**12,479**	**(12,479)**	**-**	**-**
UCB	-	**10,000**	**(10,000)**	**-**	**-**
Viatris	15,740	**761**	**(15,302)**	**-**	**1,199**
VTCT	-	**55,000**	**(16,307)**	**-**	**38,693**
Small Funds	788	**7,999**	**(6,629)**	**-**	**2,158**
Total Restricted Funds	38,215	**291,538**	**(256,984)**	**-**	**72,769**
Total Funds	112,616	**330,968**	**(313,514)**	**-**	**130,070**

11. Movement of Funds (continued)

	Opening Balance 1/4/24 £	Income £	Expenditure £	Transfers £	Closing Balance 31/3/25 £
Unrestricted Funds					
General Fund	89,772	**37,232**	**(54,167)**	**-**	**72,837**
Unrestricted grants	500	**4,000**	**(2,936)**	**-**	**1,564**
Total Unrestricted Funds	90,272	**41,232**	**(57,103)**	**-**	**74,401**
Restricted Funds					
Abbvie	-	**15,000**	**(15,000)**	**-**	**-**
Agents of Change	1,034	**-**	**(1,034)**	**-**	**-**
Alliance	1,479	**34,522**	**(32,277)**	**-**	**3,724**
Almirall	-	**15,000**	**(15,000)**	**-**	**-**
Awards for all – NI	5,645	**-**	**(5,645)**	**-**	**-**
Awards for All – England	5,920	**-**	**(5,920)**	**-**	**-**
Awards for All – Scotland	-	**20,000**	**(6,330)**	**-**	**13,670**
BSPAD	-	**5,048**	**(5,048)**	**-**	**-**
Brian Murtagh	6,902	**-**	**(6,902)**	**-**	**-**
Children in Need	-	**15,000**	**(15,000)**	**-**	**-**
Garfield Weston	-	**25,000**	**(25,000)**	**-**	**-**
Hive Accenture	-	**10,000**	**(6,383)**	**-**	**3,617**
Hugh Fraser Foundation	2,731	**-**	**(2,731)**	**-**	**-**
Leo Pharma	6,154	**-**	**(6,154)**	**-**	**-**
Pfizer	-	**3,254**	**(2,578)**	**-**	**676**
Pierre Fabre	-	**12,032**	**(12,032)**	**-**	**-**
Sanofi	4,445	**-**	**(4,555)**	**-**	**-**
Viatris	-	**47,542**	**(31,802)**	**-**	**15,740**
VTCT	9,589	**9,071**	**(18,660)**	**-**	**-**
Small Funds	20,858	**17,883**	**(37,953)**	**-**	**788**
Total Restricted Funds	64,767	**229,352**	**(255,904)**	**-**	**38,215**
Total Funds	155,039	**270,584**	**313,007**	**-**	**112,616**

Fund Details:

Restricted funds

Abbvie	Towards supporting families with eczema
Agents of Change	To develop TikTok channel for teenagers with AD
Alliance	Enhancing the self-management skills of children with eczema and their carers in Scotland
Almirall	Helping children and young people with eczema to thrive
Awards for All England	Towards supporting families with eczema in West Midland area
Awards for All NI	To increase support to families with eczema in Northern Ireland
Awards for All Scotland	Towards building connections and community between families with eczema in Scotland
Brian Murtagh	Towards supporting families with eczema
BSPAD	For distribution of teen book about skin conditions to high Schools
Children in Need	Towards Family Worker salary
Garfield Weston	Towards work reducing isolation
Hive Accenture	Towards support and activities for children with eczema aged under 13
Hugh Fraser Foundation	Towards supporting families with eczema in Scotland
Leo Pharma	Towards understanding needs and strengths in young people with eczema
Pfizer	Towards Welcome packs & Towards implementation of CRM system
Pierre Fabre	Educational support to families with eczema in the UK
Sanofi	Towards increasing confidence of children with eczema and their families.
The Health Lottery	Towards supporting young people with eczema
The Peoples Postcode Lottery	Towards the work of the charity

UCB	Towards supporting families with eczema
Viatris	To support the charity's work in education settings & printing of information resources
VTCT Foundation	To support young people with severe eczema
Small grants	Includes a number of smaller grants towards supporting EOS' activities, including grants from BAD, Etauliers, Global Skin WED and St James Place

12. Commitments under operating leases

At 31 March 2026 the charity had total commitments under non-cancellable operating leases as follows:

	2026	2025
	£	£
Total operating lease payments fallen due:		
Within one year	**3,780**	3,780
Between two and five years	**930**	1,494
	4,710	5,274

13. Analysis of net assets by fund

2026	**Unrestricted £**	**Restricted £**	**Total £**
Tangible Assets	**-**	**1,504**	**1,504**
Net current assets	**57,301**	**71,265**	**128,566**
	57,301	**72,769**	**130,070**

2025	Unrestricted £	Restricted £	Total £
Net current assets	74,401	38,215	112,616

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E-SIGNATURE CERTIFICATE

Certificate Summary

ENVELOPE SUBJECT: Final Eczema Outreach accounts
DOCUMENT: Updated full accounts 19 June 26.pdf
DOCUMENT ORIGINATOR: Keri Ritchie (keri.ritchie@hlca.co.uk)

CERTIFICATE STATUS: Completed
DELIVERED: Jun 19, 2026 2:32 PM UTC
DOCUMENT PAGES: 29 CERTIFICATE PAGES: 1 TOTAL ENVELOPE PAGES: 30

ENVELOPE ID: 1841a158-0401-43f7-916f-45cceae46d26
DOCUMENT ID: 313760ac-020d-4060-9df7-7ceb533f1fd0
ORIGINATOR IP ADDRESS: 87.246.91.14

COMPLETED SIGNATORIES: 2 / 2
COMPLETED IN PLACE SIGNATURES: 3 / 3
COMPLETED IN PLACE INITIALS: 0 / 0
CARBON COPY RECIPIENTS: 1

Signatures

E-SIGNED BY: Andrew Niblock (andy.niblock@hlca.co.uk)
SECURITY LEVEL: Secure Email (Authenticated)
E-SIGNATURE ID: c7fb7856-ec0a-46f2-b0df-a4c2c3aa3753

Timeline

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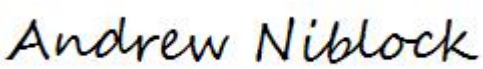

I AGREE TO THE CONTENTS OF ALL PAGES ABOVE WITH AN ELECTRONIC SIGNATURE

PRINT NAME: Andrew Niblock EMAIL: andy.niblock@hlca.co.uk

E-SIGNED BY: Julija Gurman (julija.bugajeva@alumni.lcc.lt)
SECURITY LEVEL: Secure Email (Authenticated)
E-SIGNATURE ID: 8dfb1b4e-404b-474f-b993-4647dda1610d

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