

Myths & Facts

Below are 10 sentences about eczema. Five are myths and five are facts. Write an 'M' next to the ones you think are myths and an 'F' next to the ones you think are facts.

M or F?

You can catch eczema from holding hands with someone who has it	
The skin is the smallest organ in the body	
Eczema looks the same on everyone's skin	
2.5 million people in the UK have eczema	
Eczema can make it hard to concentrate at school	
Itchy eczema can make it hard to sleep	
Triggers are things that can make eczema worse	
When people have eczema, the top layer of their skin lets water escape	
Only children get eczema	
Using creams from the doctor will cure eczema	