



How to deliver our Junior Workshop

Our junior workshop is suitable for children aged 3-6 years approximately. We have a senior version that is better suited to older children so please get in touch if you think that would be more appropriate.

This document provides all the instructions you need to deliver the junior workshop.

NB: Do you know of a child with eczema in the class?

Do you know of a child with eczema in your class, who may or may not be a member of EOS? Have a chat with the child/children to find out if they are happy for people to know they are a member of EOS/have eczema. They may wish to contribute with their own experiences of treatments, triggers or things that help.

However, it may be that they prefer not to have any attention drawn to them so it's important to iron this out ahead of the workshop and be sensitive to their wishes.

Links to workshop resources

- Before delivering the workshop, could you please complete this short [survey](#).
- [Junior class workshop video](#) – Play this for your class when you're ready to deliver the workshop. It includes several "discussion points" where you pause the video to ask for some answers. While the video is less than 20 minutes, the workshop takes a little longer, depending how long you spend on each discussion point. See below for more about these.

Notes about Discussion Points

This section provides guidance for each discussion point in the recording. You will know your own group of children best so you can tailor this guidance to their age and stage.

Discussion Point 1:

Take a few guesses from the children before returning to the recording. Answers may be random! **Skin** is the correct answer so you can return to the recording if you hear this answer.

Discussion Point 2:

Take 3-4 guesses and bear in mind the answer is **2.5 million** so if answers are too low, encourage them to go higher. You could remind them there are 67 million people living in the UK so the answer will be pretty high!

Discussion Point 3:

Take a few guesses, you might get lots of interesting suggestions! The answer we are after is that ***anyone can have eczema*** so if you get this answer, you can return to the recording.

Discussion Point 4:

Take a few minutes and break the children into pairs/groups to see what differences they can think of between each other. As well as the obvious ones that they can easily see, can they also think of some that are not as obvious, that are hidden? During the discussion, depending on their age, they might find the hidden differences more tricky and might need some help with this. An example to help could be their favourite book/film, their favourite football team.

Return to the recording when a few groups have fed back their ideas.