



What we did in
2019/2020
and why it mattered




Registered Charity SCIO SC042392

Our Aims and Activities

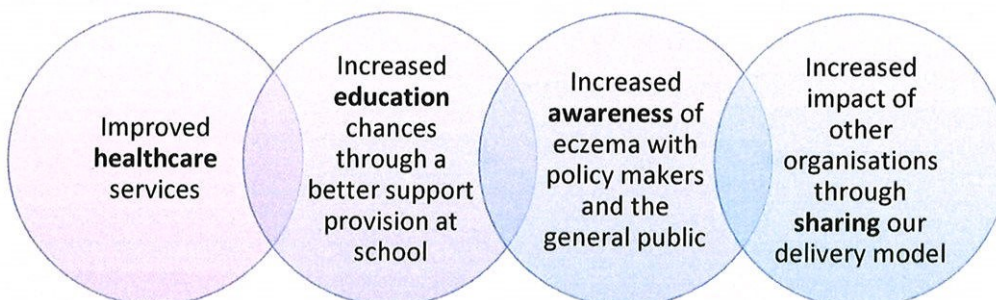
By accessing our services, children with eczema and their families in the UK will be:

- 1. Confident** – Children of eczema and their families increase their confidence in their self-management and coping skills.
- 2. Supported** – Children with eczema and their families feel more supported in regards to dealing with the condition and its impact on life, including at school and with their healthcare providers.
- 3. Connected** – Children with eczema and their families feel more connected with others by having access to a community of peers

How do we do it?

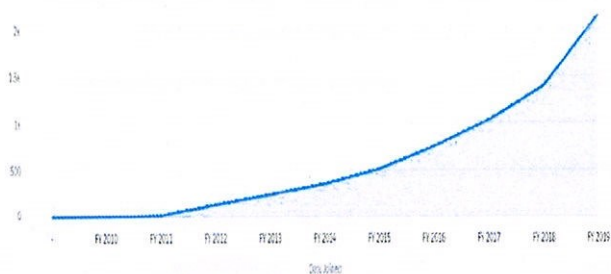
 <p>We offer direct support and empower families with eczema so they can cope better with the impact of the condition on their life.</p> <p>1-1 support from a team of Family Support Workers</p> <p>Tailored welcome pack for the whole family with specialist resources</p> <p>School workshops and help with 1-1 school healthcare planning</p>	 <p>We encourage children and adolescents with eczema to engage in their own care and build confidence together.</p> <p>High 5 Club for children aged 3 to 10 : fun eczema resources, competitions, pen-pal scheme and workshops at events</p> <p>XY Club for young people aged 11 to 17 : eczema guides, teen app, Instagram group, outings and self-management events</p>	 <p>We break the isolation of families with eczema through opportunities to meet, learn and support each other.</p> <p>Learn & Share events for families and healthcare professionals to gain knowledge and meet others</p> <p>Online meet-ups and webinars by theme and age group</p> <p>Online community</p>
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4. Improving healthcare, support at school and society - Our aims are:



Personalised Support

This year, we welcomed **807 new families**, making a **total of 2,204 families** supported by the charity since its launch in 2011.



Each family received a **personalised welcome pack** filled with evidence-based information on eczema and its treatments, self-management resources, other families' stories and an eczema related gift for the child.

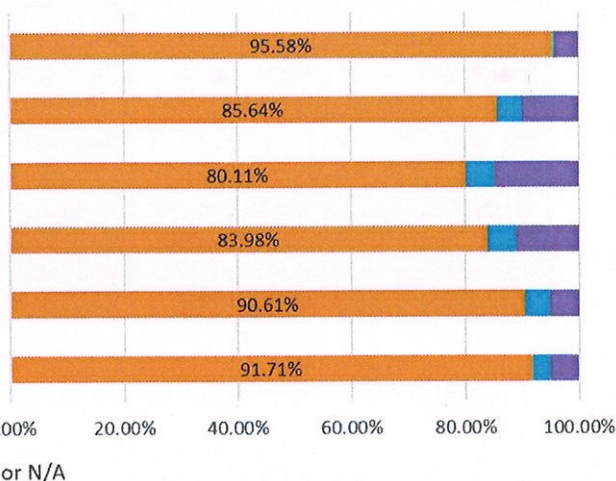
Our team of Family Support Workers carried out **236 base-line calls** during which they discussed all aspects of life impacted by eczema, ensure treatments were understood, shared practical tips and provided emotional support. **203** of families required **ongoing support** this year.



Survey March 2020:

Since joining Eczema Outreach Support, I feel:

- More supported/understood in regards to my life dealing with eczema
- That I have more opportunities to get in touch with other families with eczema
- More confident asking for help from others (e.g. school or childcare)
- More confident dealing with the NHS in regards to my child's healthcare needs
- More confident following my child's treatments
- More knowledgeable about eczema



"I found the initial phone support amazingly helpful. It was the first time I felt someone was really interested to hear about the daily difficulties we faced."

"EOS have been really helpful to me. They have put me in contact with other parents who are going through the same treatment as my son, they have also been there on the end of the phone to listen to my concerns about the light sensitivity. It's so great to have that support network on the end of the phone."

Our dynamic team is what makes us unique!

New staff

Our **Communications Officer** Kirsty Ure joined us in 2019 and has transformed our social media and fundraising activities.



Kirsty Ure
Communications and Fundraising
Officer



Lyndsay Noon
National Outreach Coordinator

Early 2020, we also created a new role to expand our school workshop programme across the UK. Lyndsay Noon, our **National Outreach Co-ordinator** is currently recruiting and training 10 sessional workers to deliver this work in 20/21.

Lily Neill, our long-term **volunteer** kindly spent every Tuesday afternoon to prepare and post out our welcome packs to new families.



Lily Neill
Volunteer

The rest of our team is made of our **Family Support Workers** and **Senior Management Team**. Please visit our website to meet our board of **Trustees**.



Cheryll Alomai



Lynne Hogg



Jean O'Hara



Magali Redding



Dorte Al-Gailani

In 19/20, it is with regret that we had to say good-bye to Beth Craig our **Outreach Worker** and Christine Roxburgh, **Head of Services**, who both moved on to pastures new.



Beth Craig



Christine Roxburgh

What our families say about our team's support:

"The lady from EOS was amazing; it was nice to talk to her as she understood that it does not just affect my son when his skin is bad, it effects the whole family."

"I have maintained a much better routine for my daughter thanks to the advice and support. More importantly I have felt less alone. I was getting very depressed and suffering with sleep deprivation but we have things more under control now. It's still hard work, but it helps to know there is support beyond the doctors if we need it."

"I wish I had known about EOS from the beginning. They gave me more support and understanding in our first month as a member than we had received over the course of years with regards to my daughter's eczema. Wonderful charity and really helped us through our eczema journey!"

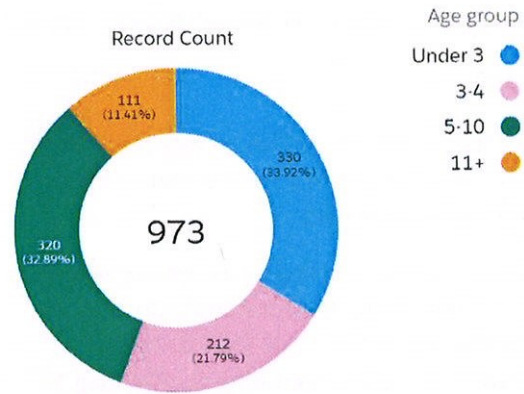
Our children's activities

This year, we welcomed **973 new children**, reaching out to more babies and toddlers than primary school aged children for the first time.

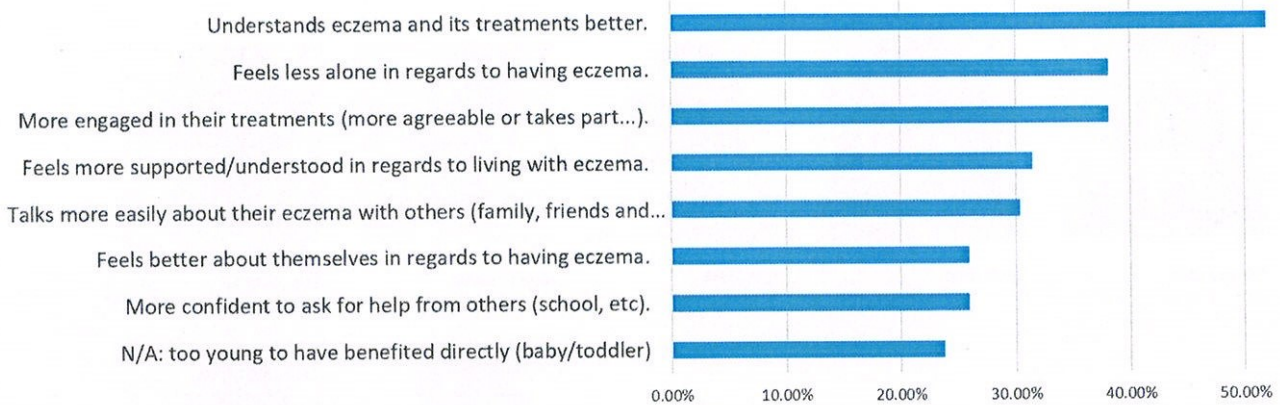
Helping families at point of diagnosis means that we can provide support from the start and prevent future struggles, improving our families and children's chances to thrive.

We are currently supporting **a total of 2,466 children!**

As a national organisation, it is not easy to support children directly and not everyone can come to our events, however, we still made a significant difference to many of our young members in 19-20.



The difference we made to your children with eczema



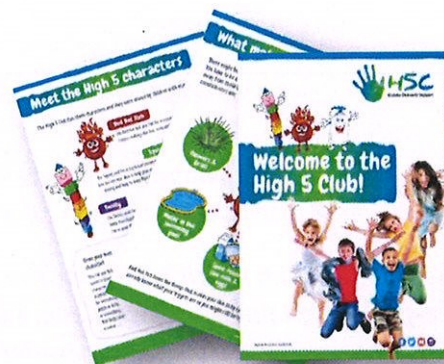
As part as our **High 5 Club**, about **1,500 children aged 3-10** received their HSC activity pack and updates by post as their transitioned to primary and secondary school.

Last year, we ran our annual **competition** and offered a **penpal scheme** to foster friendships and peer-support among our youngsters.

Our 2 competition winners!



Olivia (4) and Finlay (9) were picked as the winners of the contest to decorate their emollient tubs.



"I love looking at the newsletters that arrive. The activities I've been sent helped me a lot. Now if I get an itchy bit I say "it's just my skin can I get some of my cream please" instead of freaking out about it."

Jasmine and Rowan's story

Rowan has had severe eczema since he was a baby and has tried various treatments. He was coming to the end of phototherapy which had made a difference but his mother Jasmine was still very anxious about the future at the time of joining EOS.

Jasmine and Rowan received their welcome pack, which they both found very helpful and Rowan loved being part of a club (High 5).

During the initial contact EOS spoke about the opportunity of a penpal for Rowan with another boy who also had severe eczema and was just about to start phototherapy.

Welcome pack
Personalised support
High 5 Club
Pen-pal

Encouraged
Knowledgeable
Confident
Connected

Jasmine was delighted to be able to share her experiences with another family and Rowan made a new friend to speak to about his life with eczema and other topics. Equipped with better information and a new support network, the family started to feel "more relaxed" and "not alone".

"Thank you for being so amazing! Our talk really made a big difference to us, Rowan loved his pack and since he got in touch with another boy like him, his confidence has grown."



A total of **419 young people** aged 11+ are now part of our **XY Club** and have all received their own pack and self-management booklet as well as regular invitations to our teen activities, including a "Stress Less" workshop in Edinburgh (Aug 2019) in partnership with the Mental Health Foundation and a Go Karting meet-up in Falkirk (May 2019).



Additionally, we launched our **SPACE project** (Support programme for Adolescents with Chronic Eczema) in Dundee and Fife, ran XY sessions at our large events, moderated our Instagram chat and updated our XY self-management app throughout the year.

 **Eczema Outreach Support** @EczemaOutreach - Aug 24
XY young people catch-up today. We have #Dermatology nurses to talk #eczema self-management, Lisa @lkbxo sharing her experiences, and lots of tips about managing #stress



"Meeting others who have my kind of skin felt like I wasn't alone anymore. We talked about what works for us and what is annoying, like teachers who don't understand how horrible it feels when you have a flare. We had fun too. With the Instagram group, I know that I can always ask a question or keep in touch too."

"Ben always would get frustrated easily but since having the app he seems more confident. He is putting his cream on when needed whereas before it was a struggle; he also used to cover up a lot but now seems more confident in wearing short sleeves."

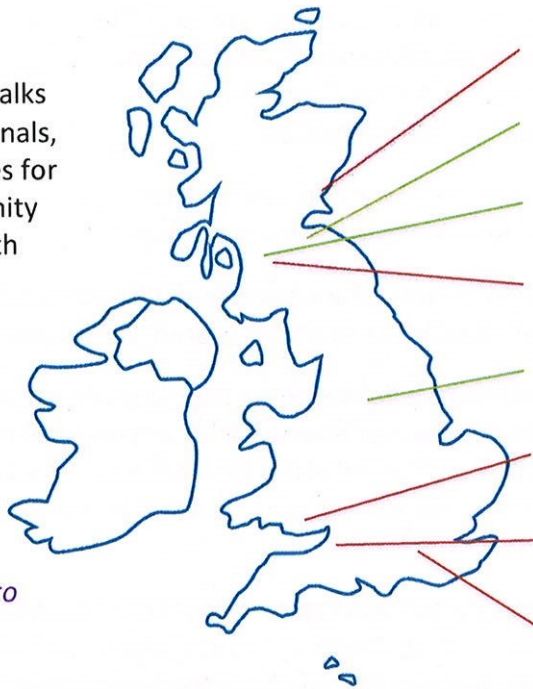
Connecting Families

Our 5 large Learn & Share events included talks from healthcare professionals, self-management activities for children and the opportunity to meet other families with eczema.

Our 3 "Connect" meetings offered more families the chance to meet others.

"I really enjoy the event and the chance to speak to other families who know how I feel."

"I've learnt a lot from the dermatology talk too."



Dundee, 5 Oct 19

Edinburgh, 11 June 19

Glasgow, 30 Jan 20

Glasgow, 29 Feb 20

Sheffield, 7 Mar 20

Cardiff, 23 June 19

Bristol, 22 June 19

London, 23 Nov 19



"I'll always remember my daughters' face at a meeting when she saw another girl wearing a bandage garment. "It's not just me!" she said."

"Being able to meet others who are managing the same condition is very important for us, as at times eczema can feel very isolating especially as our child grows older."



Our closed Facebook group counts **1,040 members** who share tips and support each-other at any time of the day, from anywhere in the UK.

Support at School

School workshops

In 2019/2020, we improved and delivered **68 workshops** (39 in Scotland and 29 in the rest of the UK as pilots), involving our young members with eczema as much as possible in the sessions; we plan to fully roll out this successful programme across the UK through training a bank of Sessional Workers in 2020.

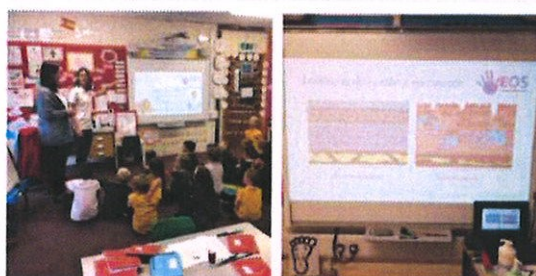
Eczema Outreach Support @EczemaOutreach · May 15
A very exciting week here at EOS! We had our first school workshops in Northern Ireland! @Ballymacwards & Laghey Primary

#eczema #EOS #Eczemaoutreach



St Nicholas RC PS
@WLSaintNicholas

Thank you to @EczemaOutreach for teaching p2 all about eczema. We have learned lots about it.
#HWBstnics #p2stnics



Quotes from teachers about the workshop's resources

"The resources for kids will help them learn about eczema in a fun way. This will further raise awareness and create much greater understanding of what sufferers of eczema go through. I will use them to facilitate another eczema lesson."

Quotes from children

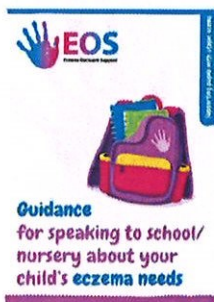
"Thank you for telling the class how my skin feels. I really enjoyed the lesson, it was amazing and so cool. It made me talk about my eczema more."

"I really enjoyed the fun experience and it is really nice for other people to understand about it because I have it myself and it is really sore, so thank you."

Webinar for parents – "Eczema care in school" took place on 17 June 2019.

School Resources

Our nursery / primary school resources are now available to download on our website. We also support individual families to use them.



"After a difficult year at school, with fantastic help from EOS, we devised a health care plan to be implemented by all staff at school with support from the quality assurance team from local council after I made a complaint.

What a difference!

The plan is still in place and has moved from primary to secondary school and is regularly reviewed and updated. Nor sure I would have had the confidence to do this without EOS."

Awareness & Influencing

This year, we have continued to...

<ul style="list-style-type: none"> • Educate HCPs through Health Visitors' sessions, NHS conferences & courses and articles • Represent our families on clinical networks' boards and projects • Inspire HCP to Champion EOS and volunteer for us. <p>Healthcare Professionals</p>	<ul style="list-style-type: none"> • Represent and engage our families in new research and trials • Disseminate research information with our members and our following <p>Research</p>	<ul style="list-style-type: none"> • Encourage our families to influence their local services • Represent and involve our membership at policy level, in partnership with others agencies <p>Policy</p>	<ul style="list-style-type: none"> • Raise general awareness of eczema and the needs of our families through traditional and social media • Increase local understanding of eczema in targeted communities <p>Public Awareness</p>
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Health Visitors education

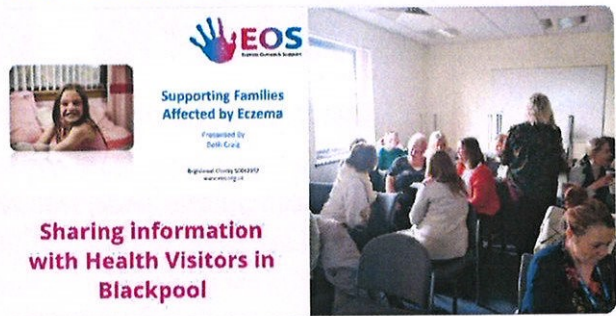
Workshops

We delivered **4 eczema awareness sessions** across Scotland and England to a total of 63 health Visitors.

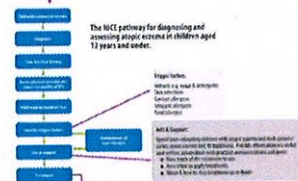
"It was useful and interesting to have the up to date information, research and tips to pass on to our families."

"I have more awareness of the support available and feel better equipped to signpost families to the service."

Eczema Outreach Support @EczemaOutreach · May 9
Excellent morning working with NHS staff in Blackpool! @NHSEngland #eczema #eczemasupport #EOS



Supporting a family with Atopic Eczema



Eczema Resource for Health Visitors

Our new easy [guide](#) to treating eczema was developed in partnership with a Health Visitor in NHS Forth Valley and designed to provide a quick overview of the children eczema guidelines as well as a hand out for families with tips from EOS.

Talks at NHS conferences in the UK

- Welsh Dermatology Forum, Portmeirion, 13 March 19
- Scottish Photonet conference, Perth, 23 May 19
- British Society of Paediatric Dermatology, Belfast, 8 Nov 19

Articles in Healthcare publications

- Pharmacy Life in the Scottish, Welsh and Northern Irish magazines for healthcare professionals, in collaboration with Prof Sara Brown from Dundee University.
- British Medical Journal - Contribution to Dr Ridd's paper on research in Emollients
- Dermatology Nursing Journal – "patient voice" article.



Research

We represent our families on the steering committees of various research projects in eczema and promote on-going studies.

- **A-Star** – an Irish/UK registry of eczema data.
- **BIOMAP** – a European 5-year study to drive drug discovery for atopic dermatitis and psoriasis. EOS is part of the steering committee as a patient group representative.
- **Eczema Care Online** – This will be the first online programme of evidence-based resources, aiming to increase patients' self-management skills.

Influencing clinical practice and policy

This year, we continued representing our families at **national clinical networks'** meetings to ensure their voice is being heard and issues that matter to them are tackled. For instance: access to medicine, GP training, patient education and research dissemination.

- The British Association of Dermatologists
- The Dermatology Council for England
- The Scottish Dermatology Council
- The British Society of Paediatric Dermatologists



We also took part in consultations about new treatments in England and Wales.

Additionally, we provided input in the work of the **All Parliamentary Party Group for skin** (England) about the new NHS England guidelines in regards to the restriction of emollients on prescription.

Finally, in March 2020, we launched our first **UK-wide survey** about the full experiences of families with children with eczema in order to gather data for new campaigns and activities. We also carried out research on the **unmet needs of adults with eczema**.

International work

- **Global Skin** - EOS has been building its capacity to campaign and advocate for its members through being a member of The International Alliance of Dermatology Patient Organizations (IADPO) - also known as GlobalSkin - a unique global alliance, committed to improving the lives of patients worldwide.



International Alliance of
Dermatology Patient
Organizations

We took part in the Global Skin bi-annual conference (June 2019, Milan) as well as a two-day advocacy training course in Madrid (Oct 2019, Madrid), making positive connections with skin patient group leaders from all over the world.

- **Mentoring** - Alongside these Global Skin events, we have mentored a number of other eczema patient groups, such as the Australian and Spanish organisations.
- **French dermatology** - The French Foundation for Atopic Dermatitis sponsored our children's resources early 2019 and invited our CEO to deliver a talk on supporting families with eczema at one of their French Education Day in Nantes, Nov 2019.


Awareness

- We exhibited at the [London Free From Show](#), 5-7 July 2019
- We raise awareness of eczema as part as [World Eczema Day on 14 Sept 2019](#)

14 September 2019


WE ARE SUPPORTING WORLD ATOPIC ECZEMA DAY

No one should suffer alone.



- **In the media:**
 - **STV (Scottish Television) News:** Interview of our CEO (Magali Redding) and one of our family in Edinburgh, aired 12 Sept.
 - **Radio:** a series of radio interviews for the BBC from Sept 19 to January 2020.
 - **Press:** articles about our families in the [Northern Irish](#), [Welsh press](#) and the English press among other press releases.

Hi 17°C | Lo 11°C Belfast | WEATHER



Belfast Telegraph DIGITAL

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Home > News > Northern Ireland

Charity gives Lisburn boy (6) hope in his lifelong battle with skin condition



Visit www.eos.org.uk to meet some of our families and hear/read their stories.

Our future plans

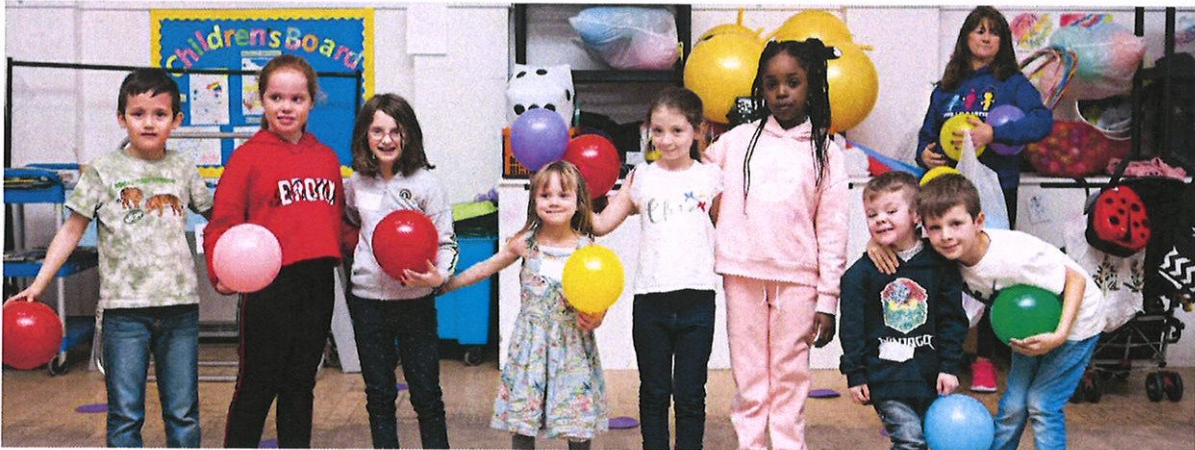
We have ambitious plans from 2020, including growing our UK wide **membership**, rolling out our **school workshops** and **events** in all 4 nations and contributing to the improvement of **healthcare services** and **support in schools**.

We also plan to continue **raising awareness** of the experiences of our families with eczema with the general public and policy makers.

New **partnerships** will be key to our success so we will work closely with individuals and organisations from the voluntary, statutory and private sectors in order to maximize our reach and impact.

Covid-19:

In March 2020, the charity took the required measures to comply with the government's guidelines following the pandemic outbreak; these included working from home and cancelling all face-to-face activities such as family events, school workshops and community fundraising plans. The impact of the pandemic on families with eczema in the UK became a real concern, especially as the lock-down caused some organisational disruption to EOS and its ability to fully support its members. Nonetheless, our infrastructure and remote 1-1 support methods allowed our team to continue its vital work; most our core activities were sustained while others were redesigned or postponed. Overall, the charity was able to cope with this unprecedented situation and responded by creating alternative delivery models for a number of its services, which may in fact result in improving families and schools' access to support in the long term.



A warm Thank You to...

- ✓ Our **volunteers**, including our trustees, and fundraisers for their help and enthusiasm
- ✓ Our **funders and corporate sponsors** for making our work possible
- ✓ Our **NHS champions** for their time and advice
- ✓ Our **staff** for their dedication and passion for the cause
- ✓ Our **partner support groups** from around the world for their shared vision and global action:
- ✓ And of course, our **members**, who are the reason we exist!

Annual Accounts

2019/2020



Financial Review

The majority of our income, £293,154 in the year to 31st March 2020 (2019: £276,432) came from grants. This was complemented by generous donations from individuals much of which was raised by members holding fundraising events.

Our expenditure during the year increased from £227,843 in 2019 to £271,085 in 2020.

The Charity had a surplus this year of £22,069 compared to a surplus last year of £48,589.

The result of the income and expenditure figures given above was that the charity had a balance of funds at the year end of £154,503 (2019: £132,434). £84,166 of this balance (2019: £70,632) was held as restricted funds – made up of a variety of different grants provided for specific purposes, as detailed in Note 11.

Reserves Policy

Introduction

EOS is primarily dependent on restricted income from trusts and foundations, which means that income can fluctuate. In order to protect EOS members and staff from sudden major changes in the service provided it is considered prudent to have some financial reserves to bridge any short term funding gaps or to ensure EOS can be closed in an orderly manner.

Reserves to be held

The aim should be to hold unrestricted reserves equivalent to at least 25% of the planned expenditure in any current financial year.

This should allow several options if a funding shortfall occurs, while also ensuring there is money for any contract and/or redundancy payments due.

Setting amount of Reserves

At the beginning of every financial year (April) once the annual budget has been agreed the amount aimed to be kept in reserves will be set.

Spending of Reserves

Should the situation arise where the reserves are required the Board and the CEO will decide how best to spend the reserves (e.g. staffing and activity levels) depending on the circumstances.

Review

This policy will be reviewed at least every 2 years.

At the year end the Charity holds £154,503 (2019: £132,434) in reserves of which £70,337 is unrestricted and of this, free reserves not invested in fixed assets amount to £70,337. No material amounts have been designated. The funds held at the year end place the charity in a strong position to commence the next financial year. As with most charities the Charity constantly needs to seek new sources of funding in order for the work to continue.

Going concern

The directors are not aware of any circumstances which would lead to the winding up of the Charity and thus are confident in its status as a going concern.

Reference & Administrative Information

Charity Name: Eczema Outreach Support is a Scottish Charitable Incorporated Organisation. The charity changed its name on 1 April 2018 from Eczema Outreach (Scotland).
Also known as Eczema Outreach Scotland and EOS.

Board of trustees at date of approval of Annual Report and Accounts:

Elected:

Laraine Aikman (5 Oct 2019)

Re-elected:

Steven Macdonald (Chair) (5 Oct 2019)

Other trustees:

Claire Anderson (Treasurer)

Judy Williamson

Sarah Jane Mitchell

Steven Marwick

Laura Galloway

Rebecca Alderdice (23 Apr 2020)

Resigned trustees:

Gillian Mclean (4 Aug 2019)

Charity Address: 129 High Street, Linlithgow, EH49 7EJ

Tel: 01506 840 395 / 07 8070 4 8070

Web www.eos.org.uk **E-mail:** info@eos.org.uk

Independent Examiner: Andrew Niblock, MHA Henderson Loggie, 11-15 Thistle Street, Edinburgh, EH2 1DF

Governing Document: EOS is a Scottish Charitable Incorporated Organisation, governed by its constitution. It was registered with OSCR on 17 June 2011.

Charitable Purposes:

- 1.1 The relief of those in need by reason of disability. People with eczema are given the opportunity to meet their full potential in life.
- 1.2 The Advancement of health. Families affected by eczema feel supported, confident and lead healthier lives. Professionals have appropriate knowledge and skills to deliver quality services to people with eczema and their families.
- 1.3 The promotion of equality and diversity. Communities have an understanding of the condition and offer inclusive opportunities. Policy makers understand the needs of people with eczema and their carers and are able to design adapted services.

Charity Governance & Management:

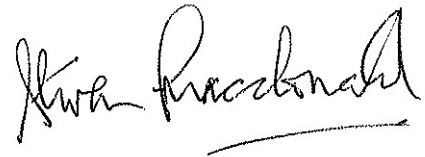
The trustees are responsible for the overall strategic direction of the organisation. New Trustees are recruited and appointed by the Board using a process of applications, interviews and “taster” board meetings.

A senior management team, led by the CEO, is in place to manage the day to day operations of the charity.

This annual report was approved by the board, signed on its behalf by Steven Macdonald, Chair.

Date: 2 September 2020

Signature:

A handwritten signature in black ink, appearing to read 'Steven Macdonald', written over a horizontal line.

Independent Examiner's Report

11-15 Thistle Street, Edinburgh, EH2 1DF, UK

I report on the financial statements of the charity for the year ended 31 March 2020 which are set out on pages 19 to 29.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.


Basis of independent examiner's report

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended); and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations (as amended);have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Andrew Niblock CA
Independent Examiner
For and on behalf of MHA Henderson Loggie
11-15 Thistle Street
Edinburgh
Eh2 1DF

2 September 2020

MHA Henderson Loggie is a trading name of Henderson Loggie LLP

Statement of Financial Activities

For the year ended 31st March 2020

	Note	Unrestricted Funds £	Restricted Funds £	Total 2019-20 £	Total 2018-19 £
Income and endowments from:					
Donations and legacies	2	8,498	283,696	292,194	272,564
Charitable activities	3	450	-	450	3,868
Other income		510	-	510	-
Total income		9,458	283,696	293,154	276,432
Expenditure on:					
Raising funds	4	-	491	491	1,635
Charitable activities	5	923	269,671	270,594	226,208
Total expenditure		923	270,162	271,085	227,843
Net income/(expenditure)		8,535	13,534	22,069	48,589
Transfer between funds		-	-	-	-
Net movement in funds		8,535	13,534	22,069	48,589
Reconciliation of funds					
Total funds brought forward at 1 April 2019	11	61,802	70,632	132,434	83,845
Total funds carried forward at 31 March 2020	11	70,337	84,166	154,503	132,434

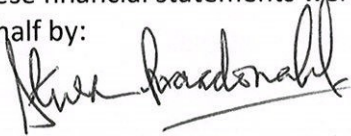
The notes on pages 21 – 29 form an integral part of these financial statements.

Balance Sheet

As at 31st March 2020

	Note	2020 £	2020 £	2019 £	2019 £
Fixed assets	8		-		-
Current assets					
Cash and bank		160,697		153,762	
Liabilities:					
Creditors: Amounts falling due within one year	9	(6,194)		(21,328)	
Net current assets			154,503		132,434
Total net assets			154,503		132,434
Unrestricted funds	11		70,337		61,802
Restricted funds	11		84,166		70,632
Total funds			154,503		132,434

These financial statements were approved by the Board of trustees and were signed on its behalf by:



Steven Macdonald
Chair

2 September 2020

Notes to the Accounts

For the year ended 31st March 2020

1 Accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material and significant in relation to the company's financial statements.

Basis of preparation

The financial statements have been prepared on a going concern basis in accordance with applicable accounting standards and under the historical cost convention. The charity is a public benefit entity and a Scottish Charitable Incorporated Organisation with the registered office as noted on page 16. The financial statements are compliant with the charity's constitution, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, the Statement of Recommended Practice (SORP) FRS 102 "Accounting and Reporting by Charities" (revised 2017), and in accordance with Financial Reporting Standard 102 (FRS 102).

Income

Income is recognised when the charity has entitlement to the funds, when it is probable that the income will be received and the amount can be measured reliably. Donations, grants and similar incoming resources are included in the year in which they are receivable, which is when the charity becomes entitled to the resource. Other trading income includes consultancy and research fees, which are recognised when the charity has delivered the service and is therefore entitled to the income.

Income that relates to a future period as a result of donor imposed conditions specifying the time period in which it must be used, is treated as deferred income.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly costs are shown gross of irrecoverable VAT. Where directly attributable, expenditure is allocated to the relevant functional category.

Expenditure on raising funds includes costs associated with generating income for the charity, either through fundraising initiatives or research projects. Expenditure on charitable activities includes costs incurred in supporting the charity and its objectives as set out in the trustees' report.

Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1 Accounting policies (continued)

Expenditure (continued)

Support costs are allocated between governance costs and other support costs. Governance costs comprise those costs involving the public accountability of the charity and its compliance with regulations and good practice. They therefore include the costs of the independent examination, together with the costs of trustees' meeting and some staff costs. Other support costs relate to the administrative costs of running the charity and are allocated to charitable activities accordingly.

Fixed assets

Tangible fixed assets are stated at cost less depreciation. Assets below £1,000 are not capitalised but are expensed in the year they are incurred. Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Office equipment	25% straight line
Furniture and fittings	25% straight line

Debtors

Other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity, without further specified purpose and are available as general funds.

Restricted funds are those funds which are subject to restrictions on their expenditure imposed by the donor.

Pensions

The charity contributes to employees' individual pension plans. The amounts charged in the Statement of Financial Activities represent the contributions to the defined contribution scheme and to individual pension plans in respect of the accounting period.

2. Donations and legacies

	Unrestricted	Restricted	2020 Total	2019 Total
	£	£	£	£
General Donation	2,025	-	2,025	2,820
Dontsendmeacard	10	-	10	-
Virgin MG - Giftaid	195	-	195	-
Virgin Money Giving donations	1,325	-	1,325	-
Amazon Smile	43	-	43	31
Facebook	919	-	919	841
Fundraising event	-	-	-	515
My Donate donations	1,059	-	1,059	252
My Donate – Gift Aid	252	-	252	109
Corporate Donations	2,670	-	2,670	90
Government/NHS grants	-	-	-	5,000
Local Authority Grants	-	-	-	11,224
Grants from Trusts	-	200,545	200,545	174,800
Private sector grants	-	83,151	83,151	76,882
	<u>8,498</u>	<u>283,696</u>	<u>292,194</u>	<u>272,564</u>

Of the prior year figures, £267,906 was restricted.

3. Charitable activities

	Unrestricted	Restricted	2020 Total	2019 Total
	£	£	£	£
Awareness session	450	-	450	3,868
	<u>450</u>	<u>-</u>	<u>450</u>	<u>3,868</u>

4. Expenditure on raising funds

	Unrestricted	Restricted	2020 Total	2019 Total
	£	£	£	£
Cost of raising funds	-	491	491	1,635
	<u>-</u>	<u>491</u>	<u>491</u>	<u>1,635</u>

Of the prior year figures, £1,635 was restricted.

5. Charitable activities

	Unrestricted	Restricted	2020 Total	2019 Total
	£	£	£	£
Welcome packs	-	20,310	20,310	10,468
Other design and print	-	2,563	2,563	3,265
Materials	-	14,148	14,148	14,621
Communications	-	7,823	7,823	
Children's outings and events	-	11,886	11,886	8,404
Video and website	-	1,163	1,163	1,124
Salaries	-	145,521	145,521	134,214
Employers N.I.	-	8,491	8,491	7,697
Pension	-	5,424	5,424	5,129
Payroll and bookkeeping	-	775	775	750
Recruitment and training	-	4,507	4,507	2,139
Staff expenses	345	6,886	7,231	6,011
Premises	505	18,663	19,168	11,559
Phone bills	-	1,441	1,441	1,981
Insurance	-	1,066	1,066	1,199
CRM	-	-	-	2,097
Sundries	73	6,534	6,607	3,367
Depreciation	-	-	-	461
Support & governance costs	-	12,470	12,470	10,822
Legal Fees	-	-	-	900
	<u>923</u>	<u>269,671</u>	<u>270,594</u>	<u>226,208</u>

Of the prior year figures, £225,166 was restricted.

6. Support and governance costs

	Unrestricted	Restricted	2020 Total	2019 Total
	£	£	£	£
Salary	-	8,079	8,079	7,460
Employers national insurance	-	734	734	487
Pension	-	318	318	304
Accountancy	-	2,528	2,528	1,730
Trustee meeting expenses	-	251	251	8
Other governance costs	-	560	560	397
Professional fees	-	-	-	436
	<u>-</u>	<u>12,470</u>	<u>12,470</u>	<u>10,822</u>

Of the prior year figures, £10,822 was restricted.

7. Staff costs

	2020 £	2019 £
Wages and salaries	153,600	141,674
Social Security costs	9,244	8,184
Other pension costs	5,742	5,433
	<u>168,586</u>	<u>155,291</u>

The average monthly number of employees during the year was as follows:

	2020 No	2019 No
	<u>7</u>	<u>7</u>

No employee earned in excess of £60,000 (2019: £60,000).

	2020 £	2019 £
Key management compensation	<u>91,254</u>	<u>85,381</u>

Key management includes the Chief Executive Officer, the Head of Services and the Head of Finance and Administration.

During the year there were trustee expenses of £22 paid to 1 trustee.

8. Fixed assets

2020	Office equipment £	Furniture and fittings £	Totals £
Cost at 01/04/19	1,037	807	1,844
Cost as at 31/03/20	<u>1,037</u>	<u>807</u>	<u>1,844</u>
Depreciation as at 01/04/19	1,037	807	1,844
Depreciation as at 31/03/20	<u>1,037</u>	<u>807</u>	<u>1,844</u>
NBV at 01/04/19	-	-	-
NBV at 31/03/20	-	-	-

9. Creditors

	2020 £	2019 £
Social Security and other taxes	2,741	3,159
Other creditors	1,497	783
Accruals	1,956	1,886
Deferred income	-	15,500
	<u>6,194</u>	<u>21,328</u>

10. Financial instruments

	2020 £	2019 £
<i>Carrying amount of financial liabilities</i>		
Financial liabilities measured at amortised cost	<u>(3,453)</u>	<u>(2,669)</u>

Financial liabilities measured at amortised cost comprise accruals and other creditors.

11. Movement of Funds

	Opening Balance 1/4/19 £	Income £	Expenditure £	Transfers £	Closing Balance 31/3/20 £
Unrestricted Funds					
General Fund	61,802	9,458	(923)	-	70,337
Total Unrestricted Funds	61,802	9,458	(923)		70,337
Restricted Funds					
Alliance	-	14,955	(11,900)	-	3,055
Awards for all - Wales	4,676	-	(4,676)	-	-
Awards for All - England	6,726	-	(6,726)	-	-
BAD	-	2,292	(2,292)	-	-
Big Lottery – Northern Ireland	-	9,914	-	-	9,914
Big Lottery - Portfolio Dev	-	50,000	(50,000)	-	-
Children in Need	832	33,324	(31,890)	-	2,266
Cash for kids - Forth	3,580	-	(3,580)	-	-
Cash for kids - Liverpool	-	1,560	-	-	1,560
Corra Foundation	-	6,000	-	-	6,000
Foundation Pour La Da	-	4,250	(1,419)	-	2,831
Foundation Scotland	-	2,000	(2,000)	-	-
Manknell Trust	8,187	52,000	(60,187)	-	-
Mickel Foundation	-	3,000	(3,000)	-	-
Pfizer	13,848	16,000	(24,280)	-	5,568
Pfizer HCP	18,220	-	(18,220)	-	-
Robertson	-	24,000	(12,000)	-	12,000
Sanofi 2018	14,563	-	(14,563)	-	-
Sanofi 2019	-	30,000	(17,604)	-	12,396
Sanofi Outreach	-	32,901	(4,325)	-	28,576
Trefoil	-	1,500	(1,500)	-	-
Total Restricted Funds	70,632	283,696	(270,162)	-	84,166
Total Funds	132,434	293,154	(271,085)	-	154,503

Fund Details:

Alliance	To contribute towards programme of health and well-being workshops for young people with eczema in Scotland.
Awards for All Wales	To support families with eczema in Wales
Awards for All England	To support families with eczema in England
Big Lottery Fund - Portfolio	To contribute towards the expansion of EOS's services across the UK including the development of a new delivery model, partnerships and awareness raising activities.
British Association of Dermatologist	To contribute towards expansion of IT capacity and resources for service delivery

Cash for Kids Forth	To support vulnerable children with eczema on a 1-1 basis and through the High 5 Club in the Radio Forth area
Cash for Kids City	To support children with eczema and their families in the Radio City area
Children in Need	To support children with eczema across Scotland
Foundation pour la DA	To contribute towards the development of outreach services and workshops in schools
Foundation Scotland	To contribute towards the salary costs for the Head of Services.
Manknell Trust	To support the organisation's activities and build capacity.
Mickel Foundation	To contribute towards the salary costs of a family support worker
Pfizer	To support families with Eczema in the UK
Pfizer Health Care Professional Development	To raise awareness of patients experience of eczema with Health Care professionals
Sanofi 2018	To contribute towards the expansion of the organisation's activities throughout the year
Sanofi 2019	To contribute towards the charity's activities
Sanofi Outreach	To contribute towards the development of outreach services and workshops in schools
Trefoil	To contribute towards running costs of the organisation.

12. Commitments under operating leases

At 31 March 2020 the charity had total commitments under non-cancellable operating leases as follows:

	2020 £	Restated 2019 £
Total operating lease payments fallen due:		
Within one year	13,960	11,215
Between two and five years	13,960	27,920
	<u>27,920</u>	<u>39,135</u>

13. Analysis of net assets by fund

	Unrestricted £	Restricted £	Total £
2020			
Net current assets	70,337	84,166	154,503
	<u>70,337</u>	<u>84,166</u>	<u>154,503</u>
2019			
Net current assets	61,802	70,632	132,434
	<u>61,802</u>	<u>70,632</u>	<u>132,434</u>

14. Covid-19

The Covid-19 outbreak post year-end has presented new challenges and risks to the Charity but in view of the substantial uncertainty related to the magnitude and duration, it is impossible to predict the impact of Covid-19 on its activities. Whilst there are short term implications such as a reduction in income, the Charity is well placed to continue as a result of the established reserves and careful cash management. The Covid-19 outbreak is considered a non-adjusting subsequent event.

